

Health Care Aide

Diploma

Program Objective

The purpose of this program is to enable students to acquire the knowledge and skills required to provide personal care and support services to clients and residents, consumers and families in both community and institutional settings.

This program is designed to provide the knowledge and practical skills training required for an employment-ready trained graduate as a Health Care Assistant / Long Term Care Aide / Resident Care Aide.

Program Notes

Financial assistance may be available to qualified students.

To obtain a diploma students must:

- Successfully complete all theory and practicum components of the program. In this program, a passing grade is 75% in all modules;
- Pass the 3 skills performance demonstrations;
- Achieve a satisfactory rating in all abilities listed in the Skills Passbook (Clinical Skills Rating);
- Have current First Aid and CPR Certification;
- Have fulfilled all supervised & pre-cepted clinical practicum
- Pass the Health Care Aide Final Examination.

Career Opportunities

The training in the Health Care Aide program provides the opportunity to develop the skills needed to assist clients or residents with meeting their physical, emotional, social needs, and activities of daily living, working in hospitals, personal care homes, and private residences, as well as other health care facilities.

Method of Delivery

Combination of:

- Instructor-led
- Integrated Learning™ System training facilitated by Academy of Learning College facilitators.

Duties and Responsibilities

- Maintain good working relationships with all members of the health care team.
- Promotes safety and work in a safe manner.
- Practices universal precautions (WHMIS) and maintains a clean working environment.
- Provides emotional and social support services to clients, residents, and their families.
- Assists with ambulating, proper positioning, mobilization, and maintains body alignment as required.
- Assists with range of motion exercises and other rehabilitative measures.
- Assists with physical and mechanical lifts and/or transfers.
- Performs laundry tasks: changes bed linens, towels.
- Assists with activities of daily living: bathing, dressing, toileting, etc.
- Assists with feeding, dietary planning, meal preparation, food handling, grocery shopping, and calculating fluid intake and output.
- Takes and records vital signs: blood pressure, pulse, temperature, respirations, and body weight and height.
- Collects various specimens for required medical tests.
- Provides emotional and social support services to client, residents, and their families.
- Works as a supportive health care aide for palliative care and hospice patients.
- Observes and reports clinical and treatment findings, changes in behaviour, and in ongoing conditions.
- Documents all procedures and maintains records

Personal Attributes Required

Students should be caring, dependable, empathetic, trustworthy, self-motivated, inspirational, conscientious, polite, respectful, culturally diverse, tolerant, patient, reliable, and punctual. They need to possess an interest in working as an integral part of a health care team, with a genuine desire to work and care for the elderly as well as others in the community who need assistance and care support.

Admission Requirements

- Grade 12 or equivalent or Mature Student Status (19 years of age or older);
- Passing score on the literacy test;
- Fluency in English (oral and written);
- Canadian Language Benchmark* scores indicating they have achieved a minimum of Level 6 in the speaking, listening, and reading tests.
- Fitness to complete the practical components of the program;
- Up-to-date immunizations (Seasonal Flu, H1N1, and Hepatitis A and B are recommended);
- Clear Adult Criminal Record Check

Competencies upon Completion

Core Courses

- **Health Care Aide**
Health Care Aide Modules 1-20, Certification Exam, Skill Training, CPR/First Aide, Food Handler's Certificate, Non-Violent Crisis Management, Practicum