

Health Care Aide

Diploma

Program Objective

The purpose of this program is to enable students to acquire the knowledge and skills required to provide personal care and support services to clients and residents, consumers and families in both community and institutional settings.

This program is designed to provide the knowledge and practical skills training required for an employment-ready trained graduate as a Health Care Assistant / Long Term Care Aide / Resident Care Aide.

Program Notes

Financial assistance may be available to qualified students.

To obtain a diploma students must:

- Successfully complete all theory and practicum components of the program. In this program, a passing grade is 75% in all modules;
- Pass the 3 skills performance demonstrations;
- Achieve a satisfactory rating in all abilities listed in the Skills Passbook (Clinical Skills Rating);
- Have current First Aid and CPR Certification;
- Have fulfilled all supervised & preceptor clinical practicum
- Pass the Health Care Aide Final Examination.

Career Opportunities

The training in the Health Care Aide program provides the opportunity to develop the skills needed to assist clients or residents with meeting their physical, emotional, social needs, and activities of daily living, working in hospitals, personal care homes, and private residences, as well as other health care facilities.

Method of Delivery

Combination of:

- Instructor-led
- Integrated Learning™ System training facilitated by Academy of Learning College facilitators.

Duties and Responsibilities

- Maintain good working relationships with all members of the health care team.
- Promotes safety and work in a safe manner.
- Practices universal precautions (WHMIS) and maintains a clean working environment.
- Provides emotional and social support services to clients, residents, and their families.
- Assists with ambulating, proper positioning, mobilization, and maintains body alignment as required.
- Assists with range of motion exercises and other rehabilitative measures.
- Assists with physical and mechanical lifts and/or transfers.
- Performs laundry tasks: changes bed linens, towels.
- Assists with activities of daily living: bathing, dressing, toileting, etc.
- Assists with feeding, dietary planning, meal preparation, food handling, grocery shopping, and calculating fluid intake and output.
- Takes and records vital signs: blood pressure, pulse, temperature, respirations, and body weight and height.
- Collects various specimens for required medical tests.
- Provides emotional and social support services to client, residents, and their families.
- Works as a supportive health care aide for palliative care and hospice patients.
- Observes and reports clinical and treatment findings, changes in behaviour, and in ongoing conditions.
- Documents all procedures and maintains records

Personal Attributes Required

Students should be caring, dependable, empathetic, trustworthy, self-motivated, inspirational, conscientious, polite, respectful, culturally diverse, tolerant, patient, reliable, and punctual. They need to possess an interest in working as an integral part of a health care team, with a genuine desire to work and care for the elderly as well as others in the community who need assistance and care support.



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Admission Requirements

ACADEMIC ENGLISH ARTS (ELA)

- Grade 11, 20-2 level course, with minimum score of 60% achieved or Canadian jurisdiction equivalent; OR
- English 20-1 with a minimum of 60% or Canadian Jurisdiction equivalent; OR
- English 30-1 or 30-2 with a minimum of 55% or Canadian Jurisdiction equivalent; OR
- Deemed equivalent by the completion of ACCUPLACER (assessment placement test)
- NOTE: Students who have not completed the ELA, 20-2 level requirement, and achieved the minimum grade are subject to completing the ACCUPLACER assessment test. This can include students out of province, out of the country or mature students that have been out of school for a significant length of time.

ENGLISH LANGUAGE PROFICIENCY (ELP)

- Candidates where English is a Second Language (ESL) must meet the English Language Proficiency requirement in addition to the Academic English requirement. Equivalencies are as follows:
- Required Canadian Language Benchmark (CLB) of a minimum of 7 in each of the 4 language skills (speaking, listening, reading, and writing) and not an average of 7; OR
- By completing high school in Canada. Studies must have been at an approved Canadian high school, (grades 9, 10, 11, 12) with at least three consecutive years of full-time academic study; OR
- By completing a recognized post-secondary degree or diploma program in Canada. The program must have involved at least two full years of full-time, consecutive academic study in English.

APPROVED ENGLISH LANGUAGE PROFICIENCY TESTS

- Tests benchmarked at a CLB 7 for all 4 language skills (speaking, listening, reading, and writing). Official results must be submitted directly to the PSI.
- International English Language Testing System (IELTS) Academic: 6 (no section score below 5.5);
- Test of English as a Foreign Language Internet-Based Testing (TOEFL IBT): 71;
- Canadian English Language Proficiency Index Program (CELPIP) General: 7 (with no section score below 6) and
- Canadian Language Benchmarks/Milestones Test (7 in each strand, not an average of 7)

Notes Test Currency: The results must have been obtained within two years of the start date of the program. **Test Validity:** IELTS (Academic) and TOEFL results are valid for two years from the day of testing. Results that expire prior to the Start Date of the program will not be accepted.

Digital Literacy

- Be able to communicate, research and understand information
- Know how to use a computer to surf the web, email
- Be able to critically evaluate and understand how technology can affect one's behavior
- Be able to create, produce content and effectively communicate using email, media and internet.